

Huron Perth Nordic Skiing 2021-2022

1.0 DATE

The Huron-Perth Nordic Skiing Championship shall be held during the first week of February unless circumstances dictate a change to the following week.

2.0 LOCATION

The location shall be determined by the Conference.

3.0 EVENTS

3.1 The events to be conducted are:

Boys Nordic Skiing	Junior Team and Individual (Open and High School Division) Senior Team and Individual (Open and High School Division)
Girls Nordic Skiing	Junior Team and Individual (Open and High School Division) Senior Team and Individual (Open and High School Division)
Sprint Relays	Boys Junior and Senior Team Relay Girls Junior and Senior Team Relay

High School Division

Any Nordic skier may compete in the High School division, provided:

- i. they exclusively train and compete with/for their high school and do not train or compete with/for any other Nordic program or program with a Nordic skiing component; and
- ii. they ceased to train or compete with/for any other Nordic program or program with a Nordic component:
 - a. prior to the start of the school year, if they are in grade nine (9)
 - b. or prior to the start of the previous high school year, if they are in grade ten or above.

Open Division

Any Nordic skier who is not eligible to compete in the High School division or who chooses not to compete in the High School division, must compete in the Open division for individual distance events.

3.2 Course distances shall be as follows:

Senior Boys and Girls	6.0 to 7.5 km
Junior Boys and Girls	4.0 to 5.5 km

Relays should be at the discretion of the convenor.

The convenor shall take into account the time of day and difficulty of the chosen course to determine the exact distances.

Relays: Sprint relay of approximately 800m. This is the same for all age groups.

4.0 ENTRY AND ENTRY FEE

Teams shall be made up as follows:

Boys Team	Minimum 4, maximum 5 members.
Girls Team	Minimum 4, maximum 5 members.
Sprint Relays	4 skiers will be chosen as relay competitors on both the Boys' Junior and Senior and Girls' Junior and Senior Teams.

All schools will pay an entry fee. The amount of the entry fee will be set by the Convenor and will be sufficient to cover the fixed costs of the Championship.

5.0 ELIGIBILITY

5.1 To represent the school, a student must meet the following age requirements:

Junior:	the individual's birth certificate indicates that he/she has not reached his/her 15 th birthday by January 1 st prior to the start of the school year in which the competition is held;
Senior:	the individual's birth certificate indicates that he/she has not reached his/her 19 th birthday by January 1 st prior to the start of the school year in which the competition is held

5.2 A student may compete in only one classification and in one division (high school or open) at the meet.

5.3 Any Nordic skier participating at Huron Perth must have participated as a member of a bona fide high school program during their Nordic season (November-February), in a minimum number of practices (ten) and have skied in one meet prior to the Huron Perth Championship.

6.0 RULES AND OFFICIALS

6.1 The rules of competition shall be those contained in the Huron Perth Constitution, WOSSAA Constitution; OFSAA Regulations; any meet rules circulated by the convenor.

6.2 A Jury of Appeal shall be appointed and consist of the current convenor, last year's convenor, and one coach. The Jury of Appeal shall rule on all eligibility and competition complaints pertaining to the WOSSAA Nordic Championship.

6.3 All skiers will wear an assigned number.

6.4 The "tracking rule" will be in effect.

6.5 Relay exchange is a human touch on the torso inside the exchange zone.

6.6 A skier must ski the individual events to be eligible for a relay.

6.7 A team may consist of unlimited skiers, but only the first four count for team points.

6.8 A school may declare an "A" and "B" team in one Division. A skier may only ski in the relay for his/her declared team.

6.9 Protests re: eligibility, or course conditions must be submitted in writing before the competition begins. Protests concerning a race must be in writing within 30 minutes of the completion of the race.

6.10 All coaches, teachers, wax technicians, athletes and parents are respectfully asked to abide by a self-governed protocol on waxing, as follows: only low-flouro and non-flouro waxes are to be used on student athlete's skis.

7.0 SCORING

- 7.1 In the individual Nordic event the places will be determined by time. Where a tie exists, the same placing is awarded and the appropriate number of placings left out.
- 7.2 In the Nordic Team event, team placings shall be determined by adding up the placings of the four fastest Team members in the Individual event. The lowest total will determine the Team event winner who will receive one point. The second lowest total shall be second in the Team event and will receive two points, and so on. No Team with three or fewer members shall receive a place or points. If a tie occurs then the total times of the 4 top skiers on the tied teams will determine the placing after the Nordic team event.
- 7.3 The Nordic Team Sprint Relay placing will be determined from the finishing place of the teams.
- 7.4 The overall team winner will be the team with the lowest placing total from the Nordic Team Event and the Relay. If a tie exists, the 4th place finisher with the lowest individual placing will determine the winner.
- 7.5 DNF's due to missed checkpoint, lost or broken equipment and failure to complete the course will receive a time one second greater than the last proper time.

8.0 UNIFORMS

All competitors are expected to dress in clothing that is neat, clean and which maintain the integrity of the school's/Association's name, colours and logos. No club, or Ontario uniforms may be worn while racing and advertising logos greater than 5 cm x 5 cm should be avoided.

9.0 AWARDS

- Individual** Huron Perth medallions shall be presented to the first two finishers in each race.
- Team** Team championships shall be awarded for Boys Junior and Senior Nordic Skiing and Girls' Junior and Senior Nordic Skiing. Schools represented by these Championship teams shall receive banners to be retained by the school.
- Members of the top Championship Boys and Girls Nordic Ski Teams shall receive gold Huron-Perth medallions

10.0 Convening:

The convenorship will rotate on a yearly basis using the Huron Perth Convener rotation table.

Advancement to W.O.S.S.A.A

- A) The top four teams in each age class in the Conference are eligible to compete. A coach may request additional team entries (entries granted by the WOSSAA conveyor if there is space available).
- B) The top four combined junior teams and the top four combined senior teams are eligible to complete.
- C) Any individual finishing in the top 20 in their division at the Conference meet qualify for WOSSAA.
- D) Teams shall be made up as follows:
Boys Team 4 members will count
Girls Team 4 members will count
Combined one boys team (as outlined above) and one Girls' team (as outlined above)
Relays 4 skiers must be designated by relay competitors on both the Boys' Junior and Senior and Girls' Junior and Senior Teams

