

# HURON PERTH CROSS COUNTRY 2019

## Thursday, October 17, 2019

Host: St. Michael CSS - Stratford

Phone: 519-271-0890

Location: St. Anne's CSS, 353 Ontario St., Clinton, ON, N0M 1L0

Convenors: Mark Dewan (Course set-up etc...), Cindy Carter (entries and results), Baird Robinson (All-around good guy)

C: 519-271-7986 (Mark)

C: 519-440-7348 (Cindy)

e-mails: [mdewan@hpcdsb.ca](mailto:mdewan@hpcdsb.ca)  
[cynthia.carter@ed.amdsb.ca](mailto:cynthia.carter@ed.amdsb.ca)

Huron Perth Results: Cindy Carter (Central Huron) C: 519-440-7348;

WOSSAA entries coordinator: Cathy Lynch [cathy.lynch@sympatico.ca](mailto:cathy.lynch@sympatico.ca);

Parking: Drop athletes off near the course using the rear parking lot at St. Anne's CSS. Buses will be able to park at the Reformed Christian Church just west of the course on Princess St. PLEASE DO NOT BLOCK ACCESS FOR BUS PICK-UP AND DROP-OFF FOR HURON CHRISTIAN SCHOOL.

Facilities: We have port-a-johns at the course. In addition, there will be limited access to the St. Anne's where washrooms and change rooms will be available. Nonetheless, athletes are encouraged to dress for the weather and conditions. Please leave the site as you find it.

Food: Have your athletes bring lunches, snacks, and drinks.

Tents: There is plenty of open area for pitching tents between the start area and the Playground.

Course: The course is set in the rolling hills and trails of the St. Anne's wetlands and adjoining field. Please ask your runners to stay on the trail and respect property. Map of the races will be sent ASAP. Walking the trail prior to race time is encouraged. It is the responsibility of each runner to know their course. Spikes are encouraged.

Age Classification:

Novice : born 2005, but must also be in their first year of high school.

Junior: born 2004

Senior: born 2000-2003, but sixth year students are not eligible to compete.

Schedule:

Registration and course Tours: 9:00-10:15am

Coaches Meeting (adjacent to school) 10:15

Ambulatory/ Para 10:30

Midget Girls: 11:00

Midget Boys: 11:30

Junior Girls: 12:10

Junior Boys: 12:45

Senior Girls: 1:30

Senior Boys: 2:15

Awards: Immediately following last race.

Runners should be on site at least 1.5 hours prior to their race in the event that we run ahead of schedule, and should be nearing the start line at least 10 minutes after previous race has gone.

Teams:

Schools may enter an unlimited number of competitors. Be sure that all runners are listed on the WOSSAA eligibility sheet. Please use separate sheets for each division. Runners are to make sure they are wearing their numbers which were distributed at the earlier TVRAA meets. If you do not have numbers, please contact Cathy Lynch at [lynchxc@gmail.com](mailto:lynchxc@gmail.com) ASAP.

Entries:

As we do every year, an updated list of your team should be given to Cathy Lynch at [cathy.lynch@sympatico.ca](mailto:cathy.lynch@sympatico.ca) as soon as possible. If it hasn't changed during the season or you have already sent your most updated list to Cathy, then we will get the information from her. Please do this before Oct. 10, 2019

Fees:

Fees are \$8 per runner, \$35 per team to a maximum of \$130 per school. Please make cheques payable to St. Michael Catholic Secondary School and bring them with you to the meet. You can drop them off along with your WOSSAA eligibility forms at the results/ registration table before the meet begins. If you have runners qualify for WOSSAA, you can take the cheque to WOSSAA and pay when you Register.

#### Scoring:

In each division, a team score will be determined by the sum of the top FOUR runners. The lowest score wins. In the case of a tie, the position of the fourth runner will be the deciding factor. The boys and girls overall team scores will be determined by the order of finish of the THREE teams. The lowest score wins. If a tie occurs, the team with the fewest total points will be declared the winner. The Doug Ludwig award is given to the school with the lowest score for four divisions.

#### Awards:

- Pennants to first place team in each division
- Medals to first and second place team members up to a maximum of 5
- Ribbons to third place team members up to a maximum of 5
- Medals to the first and second place individuals
- Ribbons to 3-10th place individuals
- Pennants to the school winning the overall girls team champion and to the school winning the overall boys team champion
- Doug Ludwig trophy to the school with the lowest score for four divisions

#### WOSSAA:

WOSSAA will be held Thurs. Oct. 24, 2019, hosted by TVRA at Fanshawe Golf Course. Bring fees with you!

OFSAA championship is Saturday, November 2, at Sudbury, ON.

Runners must qualify by running in their conference meet in the same age division and be listed on the WOSSAA eligibility sheet signed by the school principal.

N.B. NEW WOSSAA Qualifiers:

- Top 3 teams in each division
- Top 20 individuals in each division

The entry sheets for Huron Perth are the WOSSAA eligibility sheets. Please ensure we receive your original sheets signed by your principal and department head as well as your registration money at the registration desk at the Huron Perth meet.

If you have any questions, please do not hesitate to call or email me

Thanks  
Mark